

Psalm 149 - Saturday

Refrain:

All **Sound praises to the Lord, all the earth.**

1 Alleluia. O sing to the Lord a new song; ♦
sing his praise in the congregation of the faithful.

2 Let Israel rejoice in their maker; ♦
let the children of Zion be joyful in their king.

3 Let them praise his name in the dance; ♦
let them sing praise to him with timbrel and lyre.

4 For the Lord has pleasure in his people ♦
and adorns the poor with salvation.

5 Let the faithful be joyful in glory; ♦
let them rejoice in their ranks,

6 With the praises of God in their mouths ♦
and a two-edged sword in their hands;

7 To execute vengeance on the nations ♦
and punishment on the peoples;

8 To bind their kings in chains ♦
and their nobles with fetters of iron;

9 To execute on them the judgement decreed: ♦
such honour have all his faithful servants. Alleluia.

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

All **Sound praises to the Lord, all the earth.**

Prayer During the Day



Prayer During the Day

Preparation

All O God, make speed to save us.
O Lord, make haste to help us.

All With you, O God, is the well of life
and in your light shall we see light.

cf Psalm 36.9

Praise

A hymn, song, canticle, extempore praise or
Christ Jesus was revealed in the flesh
and vindicated in the spirit.

He was seen by angels
and proclaimed among the nations.

Believed in throughout the world,
he was taken up in glory.

This will be made manifest at the proper time
by the blessed and only Sovereign,

Who alone has immortality,
and dwells in unapproachable light.

To the King of kings and Lord of lords
be honour and eternal dominion. Amen.

1 Timothy 3.16; 6.15,16

Psalm 138 - Friday

Refrain:

All **Your loving-kindness, O Lord, endures for ever.**

- 1 I will give thanks to you, O Lord, with my whole heart; ♦
before the gods will I sing praise to you.
- 2 I will bow down towards your holy temple and praise your name,
because of your love and faithfulness; ♦
for you have glorified your name and your word above all things.
- 3 In the day that I called to you, you answered me; ♦
you put new strength in my soul.
- 4 All the kings of the earth shall praise you, O Lord, ♦
for they have heard the words of your mouth.
- 5 They shall sing of the ways of the Lord, ♦
that great is the glory of the Lord.
- 6 Though the Lord be high, he watches over the lowly; ♦
as for the proud, he regards them from afar.
- 7 Though I walk in the midst of trouble, you will preserve me; ♦
you will stretch forth your hand against the fury of my enemies;
your right hand will save me.
- 8 The Lord shall make good his purpose for me; ♦
your loving-kindness, O Lord, endures for ever;
forsake not the work of your hands.

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

All **Your loving-kindness, O Lord, endures for ever.**

Psalm 132.10-19 - Thursday

Refrain:

All Arise, O Lord, into your resting place.

- 10 For your servant David's sake, ♦
turn not away the face of your anointed.
- 11 The Lord has sworn an oath to David, ♦
a promise from which he will not shrink:
- 12 'Of the fruit of your body ♦
shall I set upon your throne.
- 13 'If your children keep my covenant
and my testimonies that I shall teach them, ♦
their children also shall sit upon your throne for evermore.'
- 14 For the Lord has chosen Zion for himself; ♦
he has desired her for his habitation:
- 15 'This shall be my resting place for ever; ♦
here will I dwell, for I have longed for her.
- 16 'I will abundantly bless her provision; ♦
her poor will I satisfy with bread.
- 17 'I will clothe her priests with salvation, ♦
and her faithful ones shall rejoice and sing.
- 18 'There will I make a horn to spring up for David; ♦
I will keep a lantern burning for my anointed.
- 19 'As for his enemies, I will clothe them with shame; ♦
but on him shall his crown be bright.'

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

All Arise, O Lord, into your resting place.

The Word of God

Psalm

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Short readings

Sunday

From the rising of the sun to its setting my name is great among the nations, and in every place incense is offered to my name, and a pure offering; for my name is great among the nations, says the Lord of hosts.

Malachi 1.11

Monday

The steward said to the bridegroom, 'Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now.' Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

John 2.10,11

Tuesday

Arise, shine; for your light has come, and the glory of the Lord has risen upon you. For darkness shall cover the earth, and thick darkness the peoples; but the Lord will arise upon you, and his glory will appear over you. Nations shall come to your light, and kings to the brightness of your dawn.

Isaiah 60.1-3

Wednesday

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness,' who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

2 Corinthians 4.5,6

Thursday

You did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, 'Abba! Father!' it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ – if, in fact, we suffer with him so that we may also be glorified with him.

Romans 8.15-17

Friday

With all wisdom and insight the Father has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth.

Ephesians 1.8b-10

Saturday

In the midst of the lampstands I saw one like the Son of Man, clothed with a long robe and with a golden sash across his chest. His head and his hair were white as white wool, white as snow; his eyes were like a flame of fire, his feet were like burnished bronze, refined as in a furnace, and his voice was like the sound of many waters. In his right hand he held seven stars, and from his mouth came a sharp, two-edged sword, and his face was like the sun shining with full force.

Revelation 1.13-16

Response

Silence, study, song, or words from Scripture, such as

Blessed are the meek,

All for they will inherit the earth.

Matthew 5.5

Prayers

Prayers may include these concerns:

¶ *The unity of the Church*

¶ *The peace of the world*

¶ *The healing of the sick*

¶ *The revelation of Christ to those from whom his glory is hidden*

¶ *All who travel*

Psalm 122 - Wednesday

Refrain:

All How lovely is your dwelling place, O Lord of hosts.

- 1 I was glad when they said to me, ♦
'Let us go to the house of the Lord.'
- 2 And now our feet are standing ♦
within your gates, O Jerusalem;
- 3 Jerusalem, built as a city ♦
that is at unity in itself.
- 4 Thither the tribes go up, the tribes of the Lord, ♦
as is decreed for Israel, to give thanks to the name of the Lord.
- 5 For there are set the thrones of judgement, ♦
the thrones of the house of David.
- 6 O pray for the peace of Jerusalem: ♦
'May they prosper who love you.
- 7 'Peace be within your walls ♦
and tranquillity within your palaces.'
- 8 For my kindred and companions' sake, ♦
I will pray that peace be with you.
- 9 For the sake of the house of the Lord our God, ♦
I will seek to do you good.

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

All How lovely is your dwelling place, O Lord of hosts.

Psalm 100 - Tuesday

Refrain:

All The Lord is gracious; his steadfast love is everlasting.

- 1 O be joyful in the Lord, all the earth; ♦
serve the Lord with gladness
and come before his presence with a song.
- 2 Know that the Lord is God; ♦
it is he that has made us and we are his;
we are his people and the sheep of his pasture.
- 3 Enter his gates with thanksgiving and his courts with praise; ♦
give thanks to him and bless his name.
- 4 For the Lord is gracious; his steadfast love is everlasting, ♦
and his faithfulness endures from generation to generation.

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

All The Lord is gracious; his steadfast love is everlasting.

The Collect of the day or the following prayer is said

O good Jesus,
Word of the Father and
brightness of his glory,
whom angels desire to behold:
teach me to do your will
that, guided by your Spirit,
I may come to that blessed city of everlasting day,
where all are one in heart and mind,
where there is safety and eternal peace, happiness and delight,
where you live with the Father and the Holy Spirit,
world without end.

All Amen. *after Gregory the Great (604)*

The Lord's Prayer is said

**All As our Saviour taught us, so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

The Conclusion

**All May the light of Christ our Lord shine in all our hearts.
Amen.**

Psalm 67 - Sunday

- 1 God be gracious to us and bless us ♦
and make his face to shine upon us,
- 2 That your way may be known upon earth, ♦
your saving power among all nations.
- 3 Let the peoples praise you, O God; ♦
let all the peoples praise you.
- 4 O let the nations rejoice and be glad, ♦
for you will judge the peoples righteously
and govern the nations upon earth.
- 5 Let the peoples praise you, O God; ♦
let all the peoples praise you.
- 6 Then shall the earth bring forth her increase, ♦
and God, our own God, will bless us.
- 7 God will bless us, ♦
and all the ends of the earth shall fear him.

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Psalm 99 – Monday

- 1 The Lord is king: let the peoples tremble; ♦
he is enthroned above the cherubim: let the earth shake.
- 2 The Lord is great in Zion ♦
and high above all peoples.
- 3 Let them praise your name, which is great and awesome; ♦
the Lord our God is holy.
- 4 Mighty king, who loves justice, you have established equity; ♦
you have executed justice and righteousness in Jacob.
- 5 Exalt the Lord our God; ♦
bow down before his footstool, for he is holy.
- 6 Moses and Aaron among his priests
and Samuel among those who call upon his name; ♦
they called upon the Lord and he answered them.
- 7 He spoke to them out of the pillar of cloud; ♦
they kept his testimonies and the law that he gave them.
- 8 You answered them, O Lord our God; ♦
you were a God who forgave them
and pardoned them for their offences.
- 9 Exalt the Lord our God and worship him upon his holy hill, ♦
for the Lord our God is holy.

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**